



COSTUME & PROPS

This is all about using your imagination to create a look for each type of character in the opera using things you have at home: hats, clothes, items you can recycle as props for your character to use. Borrow something from another member of your family (make sure you ask first !); use a toilet roll tube painted black with a ball of silver baking foil stuck in one end as a microphone; find a blue or green t-shirt; use a pair of earpiece headphones as a stethoscope.

You can dress as one character for a song and then change to a different character for the next song. Make sure it's simple enough to change over quickly though! If more than one person is performing in your house, then you can each choose a different character and stick with it for the whole show.

To help you decide what your costume will be, here are some words that describe the different characters in the opera and what they might look like.









THE BODY

This is a collective name for three groups of characters. Although they exist inside of all us, they are not 'real people' so it's up to you to decide how you would like to look when you are playing any of these characters.

Good Bacteria

They represent the bacteria that live inside us and help to keep us fit and active. They like working together and always help each other out; a bit like members of a sports team.

They are **Healthy. Powerful. Energetic.**



Bad Bacteria

Also lives inside us and are usually kept under control by the Immune System. However, eating rotten food or not keeping our hands clean can allow bad bacteria to grow strong and stage an attack on the Good Bacteria. They like being scruffy & dirty and hang around together a bit like a gang.

They are Nasty. Loud. Trouble-making.



The Immune System

The word immune means to protect. So the Immune System protects us against the rise of too much bad bacteria, viruses and other infections. It is often described as an army or police force, constantly patrolling the body on the look- out for enemy invasions.

They are Alert. Commanding. Smart.











THE MEDICS

The nurses, scientists and doctors in the hospital. Many wear blue or green (trousers and tops) and bandana headscarves; some wear white coats; they all have photographic ID (badges with their name and their picture on it)

They are **Brave. Kind. Busy.**



THE PRESS

These people are TV news reporters, camera people, newspaper journalists, bloggers, photographers. They can wear anything you think looks right.

They could carry microphones, cameras, phones, notebooks and pens. They might also have photographic ID with the name of the TV company or newspaper they work for (you can make a name up).

They are Excitable. Noisy. Pushy.

