

'A Story Of Healing' Lyrics

The Covid Composers Songbook

Breath Cycle II

'A Story Of Healing'

I was learning, Knitting and pearling, A blanket growing, Showing. One stitch at a time.

I was counting, Counting stitches, The needles clicking, Quietly ticking, One stitch at a time.

I was threading Weaving a story, I was telling A story of healing, One stitch at a time.

It's a patchwork Of ups and downs Recovering, improving, Pushing, rushing, Slowing down. It's the loneliness That I held on to. It's the loneliness That I held on to.

One stitch at a time.

I was threading Weaving a story, I was telling A story of healing, One stitch at a time.

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Written by Gareth Williams and Melanie Harte; composed by Gareth Williams; arranged & performed by Lewis Gordon & Gregor Philip Breath Cycle II © Scottish Opera